

**Indian Athletics Team for the 11th SAF Games
to be held in Dhaka from 29th Jan. to 6th February 2010**

	<u>MEN</u>		<u>WOMEN</u>
100m	Name 1 S. Sathya 2 Abdul Nazeeb Qureshi	100M	1 Sharda Narayan 2 Mandeep Kaur
200m	1 Abdul Nazeeb Qureshi	200m	1 Jauna Murmu 2 K. Sowjanya
4x100m	1 S.Sathya 2 Abdul Najeeb Qureshi 3 Manikandaraj 4 Ritesh Anand 5 Sameer Mon	4x100m	1 Sharda Narayan 2 Mandeep Kaur 3 Priya P.K. 4 K. Sowjanaya 5 Nidhi Singh
400m	1 Bibin Mathew 2 S.K.Mortaja	400m	1 Priyanka Pawar 2 Ashwani A.C.
4x400m	1 Bibin Mathew S.K.Mortaja V.B.Bineesh K.M.Binu Harpreet Singh	4x400m	1 Priyanka Pawar 2 Ashwani A.C. 3 Jauna Murmu 4 Tiana Mary Thomas 5 K. Sowjanya
1500m	1 Sunil Kumar 2 Naresh Yadav	Long Jump	1 Prajusha M.A. 2 Reshmi Bose
110m H	1 P.Muthu Swamy 2 Sandeep Parmar	High Jump	1 Sahana Kumari
5000m	1 Sunil Kumar 2 Md. Yunus Khan	100m H	1 G.Govindaraj
400m H	1 Avin A Thomas 2 T.Bala Murugan	List of Coaches & Supporting Staff	
Javelin Throw	1 Kashinath 2 Samarjith Singh	1. DMITRY VANAYIKIN	- Foreign Coach
Discus Throw	1 Simranjit Singh	2. VOLODYMYR DATSIUK	- Foreign Coach
Long Jump	1 Md. Ibrar 2 Shamsheer Pratap Singh	3. PROF. ARNOLD STASIUK	- Foreign Coach
Triple Jump	1 Saurabh	4. SANJAY GARNAIK	- Coach
High Jump	1 Hari Shankar Roy 2 C.Nikhil Chittarasu	5. DMITRI BULDOV	- Masseur (Male)
Marathon	1 Arvind Kumar 2 Ram Singh	6. KENNY PATRICK	- Physiotherapist
		7. ELMIRA MAGUSUMOVA	- Masseur (Female)